

(Special to The Herald.)

BREAK THE FAST.

"Young Los Angeles woman says: 'For years until I used Grape-Nuts I have never been able to eat breakfast for eating in the morning was always followed by terrific sick headaches, and my stomach has always been delicate.' 'Some time ago a friend urged me to try Grape-Nuts food, and I began eating it every morning. As a result of its use I have gained eleven pounds and the headaches have disappeared entirely, and my weak stomach has become normal and strong. All my food digests and I now perform my daily duties with a high degree of mental energy. Evidently I had been eating the wrong food, but Grape-Nuts soon put me right.' Name given by Postum Co., Battle Creek, Mich.

For a copy of one of the famous little book, "The Road to Wellville,"

STABBED BY SWINDLER.

RACE SUICIDE NOTE.

New York, Oct. 3.—Mrs. John Beam of Mitchellville, N. Y., 65 years old, has given birth to twins. Her daughter, who lives in the neighboring township, presented her husband with twins about the same hour. Before congratulations were finished Mrs. Beam's granddaughter sent word that she had just become the mother of two healthy children.

London, Oct. 2.—“Every other nation

Dealing passionately with the accusation that his policy is intended to reduce the workman and his family to starvation," Mr. Chamberlain writes: "Let them at least admit that, rightly or wrongly, this policy is pronounced in the interests of the masses of the people, of the poor much more than of the rich, the workman and his family responsible for it have earned by strenuous endeavor in the past the right to present the charge of neglecting the interests of the industrial population."

(Signed) JOSEPH CHAMBERLAIN
"Birmingham, Sept. 24, 1902."

Large consignment of the latest style in millinery, must be closed out, at 5 Main street.

Ask your grocer for Vienna Mode bread, "It's the best."

Price **GENUINE MUST HAVE SIGNATURE!**
Bunch Vegetable

**AIR TIME
IS ON**

and we just want to remind
you that

HUSLER'S FLOUR

has an exhibit at the
grounds. Most people have
a daily exhibit of this flour
in their homes. Have you?

AND CAUSE THEM TO CHARGE EXORBITANT FEES FOR THEIR SERVICES—YET DR. SHORES BELIEVE IT BETTER TO KEEP THE PRICE OF EXPERT SPECIALTY SERVICES WITHIN REACH OF ALL THE PEOPLE

**PURE
FOOD**

ANDERSON

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INSURANCE

| | |
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| Aetna, of Hartford | \$14,949,520 |
| Fireman's Fund, of California | 5,202,557 |
| Alliance, of England | 52,686,133 |
| Northern, of England | 30,729,496 |
| Royal Exchange, of London, England | 25,019,565 |
| Franklin, of Philadelphia | 2,092,878 |

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| Franklin Fire, of Philadelphia | 3,092,318 |
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